



poetry on the menu

a 30-day writing challenge journal

Pearls

Barley comes in little pearls
I've never sought to own.

Millet makes me wonder:
could I eat it till it's gone?

Bulgar sounds unfriendly,
but I'm betting on its iron.

Buckwheat offers pancakes!
It'll be the first I try on.

—L.L. Barkat

day 1





Recipe for Strawberries

One plain, white bowl.
Morning sunlight.
Your crimson appetite.

—L.L. Barkat

day 2



A photograph of a tea plantation. The foreground and middle ground are filled with rows of lush green tea bushes. In the background, a dense, dark green forest covers a hillside. The overall lighting is somewhat dim, giving the scene a serene and natural feel.

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